



# SAUNDERSFOOT SAILING CLUB

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## 2020 Sailing Update

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Hi All

As the sailing season approaches just a quick update from the sailing sub-committee to outline what we have planned for 2020.

As you know lots of work goes in behind the scenes to ensure we can take to the water in April and enjoy another season of sailing. There is a small band of dedicated members who shape the programme, repair the rescue boats and keep the club in good order.

This year we have built on the successes of last year and are excited to be sharing the draft programme for 2020 with you. We have also tried to have some more training session which Dave Plester, supported by Jo, Malcolm and several other experienced club members will deliver throughout the season.

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### Racing

This year's programme kicks-off on Sunday April 6<sup>th</sup> at the very reasonable time of 1530 with 2 Races planned for that day, followed by a full sailing programme comprising a total of 39 races over the 3 main series plus a separate Frostbite series commencing on Sun September 20<sup>th</sup> and finishing on November 22<sup>nd</sup>. In addition we have our annual Coppel Week event in May.

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## Upcoming Events

### 12<sup>th</sup> March

Race Management evening session

### 21<sup>st</sup> March

Rescue Boat Refresh

### 28<sup>th</sup> March

Dinghy Park Clean up

### April 6

First Race of Season

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## Important Announcement

### Coppel Week

**Will take place in late May – have you entered yet?**

**Or can you help with the event by supporting the race management team, being a rescue crew, or helping in the club.**

**It's a key event for the club with 75 boats from all across the country**



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## Training

In an attempt to encourage new members and fine tune the skills of other members we have put together a series of training sessions on non-race days. Early in the season we will host a Discover sailing day "Discover Sailing 2020" which is the rebranded Push the Boat Out initiative from the RYA. This is a key event and hopefully we can encourage some new members to come and have a sail and see if they like it. Over the rest of the season we have at least one session each month to shape training sessions to teach and coach anyone who wants to come and take part. In late July we hope to run three sessions and see if we can get anyone who is interested up to RYA Level 2 sailing standard. The training program might, if we are successful, culminate in a race for our trainees in early October, with the much coveted New Sailor Prize up for grabs.

## Cruisers

2020 brings us a new Cruiser Captain Tom Eyre. Tom has got a couple of exciting events planned through the year to get us on the water. These events included: Try Yachting at Neyland and Saundersfoot to allow non cruiser members to experience the sport and allow skippers to meet new crew. Beach BBQ Sailing days to Dale and Tenby and an adventure cruise to Padstow is all in the lineup for this year, keep an eye out as more information will follow soon....

## Pre-Season checklist

- Does my kit still fit and is it clean
- Does the paint / varnish need touching up
- Wash and clean boat
- Unroll and check all sails
- Clean and lubricate all the moving parts
- Check and inflate trolley tyres
- Clean all the ropes (they come up a treat in the washing machine!)

**Happy Sailing, The Sailing sub-committee**

## Who are the Sailing Sub Committee

**Paul Griffiths**

**Keith Jones**

**Dave Plester**

**Ed Hornagold (results)**

**Tom Eyre (Cruisers)**

**Mick Lightwood (Bosun)**

Please let us know how we can adapt the sailing program racing or training to make it right for everyone

Any suggestions gratefully received



# SAUNDERSFOOT SAILING CLUB

SAUNDERSFOOT SAILING CLUB ~ DRAFT RACING PROGRAMME 2020						
Date	Start	Event	HW			
March						
Sat 28th	1030	Dinghy Park Working Party & Pre Season meeting				
<b>APRIL</b>						
Sun 5th	1530	W1 & 2	1705			
Sun 12th	900	W 3 & 4	0950			
Sun 19th	1600	W 5 & 6	1717			
Sun 26th	900	W 7 & 8	0843			
<b>MAY</b>						
Sat 2nd	1400	Discover Sailing	1419	Come and try event	Volunteers	Please
Sun 3rd	1430	W9 & 10	1535			
Sun 10th	0900	W11&12	0848			
Sun 17th**	1500	W13 & 14	1542	**Plus warm-up	Series Prizegiving	in clubhouse
Sun 24th		Coppet Week 1	0748			
Mon 25th		Coppet Week 2	0823			
Tues 26th		Coppet Week 3	900			
Wed 27th		Coppet Week 4	941			
Thur 28th		Coppet Week 5	1028			
Fri 29th		Coppet Pursuit race	1126			
<b>JUNE</b>						
Sun 7th	1800	Mid season 1	2008			
Sun 14th	1230	M 2 & 3	1329			
Sat 20th		No racing		TENBY	REGATTA	
Sun 21st		No racing		TENBY	REGATTA	
Sun 28th	1100	M 4 & 5	1215			
<b>JULY</b>						
Sun 5th	1730	M 6 & 7	1911			
Sun 12th	1100	M 8 & 9	1134			
Sun 19th	1630	M 10 & 11	1808			
Sun 26th	1000	M 12 & 13	1058			
<b>AUGUST</b>						
Sun 2nd	1630	L 1 & 2	1817			
Sun 9th **	1000	L3 & 4	1014	**Plus Mid season	Prizegiving	in clubhouse
Sun 16th	1600	L5 & 6	1659			
Sun 23rd	900	L 7 & 8	950			
Sun 30th	1530	L 9 & 10	1718			
<b>SEPT</b>						
Sat 5th	****	NO RACE	****	SAUNDERSFOOT	TRIATHLON	
Sun 6th	****	NO RACE	****	IRONMAN		
Sun 13th	1430	L 11 & 12	1531			
Sun 20th	900	F 1 & 2	845			
Sun 27th	1500	F 3 & 4	1607			
<b>OCT</b>						
Sun 11th**	1230	F 5 & 6	1320			
Sun 25th	1200	F 7 & 8	1317	**Plus Late season	and overall	prizegiving in club
<b>NOV</b>						
Sun 8th	1030	F 9 & 10	1030			
Sun 22nd	1030	F 11 & 12	1116			



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Training Programme 2020					
Date	Start	Event	HW		Notes
<b>MARCH</b>					
Thurs 12th	1900	Race Management		Evening session to refresh Race Management	
Sat 21	1400	Rescue Boat Refresher	1650	1/2 session to refresh on Rescue Boat operation on /off water perhaps aim to have the bar open @1800	Bar Open afterwards
Sat 28	1400	Basic Boat Rigging		land based session on key parts of a boat, kit etc	
<b>APRIL</b>					
Sat 18th	1430	Sail Training	1641	Water based session - format dependent on numbers	
<b>MAY</b>					
Sat 2nd	1400	Discover Sailing 2020	1424	Discover Sailing 2020	
Sat 9th	0900	Sail Training	0830	Water based session - format dependent on numbers	early start !!!!
Sun 24th		Coppet Week 1	0748		
Mon 25th		Coppet Week 2	0823		
Tues 26th		Coppet Week 3	901		
Wed 27th		Coppet Week 4	942		
Thur 28th		Coppet Week 5	1031		
Fri 29th		Coppet Pursuit race	1128		
<b>JUNE</b>					
Sat 6th	1600	Sail Training	1930	Water based session - format dependent on numbers	Bar Open afterwards
<b>JULY</b>					
Sat 11th	1000	Sail Training	11:00	Water based session - format dependent on numbers	
Mon 27th	1100	Training Week	1150	Sessions 1 and 2	
Wed 29th	1200	Training Week	1405	Sessions 3 and 4	
Friday 31st	1300	Training Week	1625	Sessions 5 and 6	
<b>AUGUST</b>					
Sat 15th	1630	Sail with a "Pro"	1615	Fun sessions aimed at helping new sailors gain confidence with experienced helms	Bar Open afterwards
Sat 22nd	1800	Sail with a "Pro"	2115	Fun sessions aimed at helping new sailors gain confidence with experienced helms	Bar Open afterwards
<b>SEPT</b>					
Friday 4th	1800	Sail Training	2025	Water based session - format dependent on numbers	Bar Open afterwards
<b>OCT</b>					
Sat 10th	1100	Sail Training	1150	Final session - perhaps a race for all new Sailors	